**Student Health Hub – St Andrews University & Blackfriars Medical Practice**

Since many students will be unfamiliar with the UK systems, we are offering a new **Student Health Hub 01334 465777**(based in the community hospital) to assist with access to the right service either within the NHS or the University.  From August 2018, in partnership with the University, we will be operating specific Nurse Triage Clinics every weekday for students.  We encourage students to call as early in the day as possible for the best availability.  These clinics should be accessible quickly and if a senior trained nurse thinks a GP needs to give a second opinion or prescribe something specific then a GP will be brought through to join them in that appointment.

The community hospital will be running specialist clinics for chronic disease management, sexual health and clinics at particular times of the year for immunisation/vaccination.

Student Services at the University is the central point for the units committed to playing a monitoring and enhancing role in the student experience. Student Services is sub-divided into four main divisions, notably:

* Advice & Support
* Student Experience
* Discipline
* Residence Wardens

**Exam Stress / Anxiety / Worry**

Studying at university can be a time of great change and for some, a stressful and anxious time. The university has a student support service which can be found at *https://www.standrews.ac.uk/administration/asc/*

This website also promotes some self-help web-based pages.

Your student support services can also be contacted using any of the following contact details:

79 North Street

St Andrews

Fife

KY16 9AL

Scotland, United Kingdom

Tel: +44 (0)1334 462020

Email: [theasc@st-andrews.ac.uk](mailto:theasc@st-andrews.ac.uk)